



safe communities™
northumberland county

Bridging the Gap Series Presents:

COMMUNITY CONNECTIONS EXPO 2018

INSPIRING YOUTH
CONNECTING FAMILIES



OCTOBER 17, 2018 | NORTHUMBERLAND MALL, COBOURG

KEYNOTE SPEAKERS



Cheryl Pounder

Gold Medal Champion
Canadian Women's Hockey



Canada's Largest Homeless
Youth Agency

Ross Szabo

Award-Winning
Mental Health Speaker



PROGRAMS

#Inspiring Youth

9:30 am - 2:00 pm

Cheryl Pounder discusses achieving success

Ross Szabo discusses mental health and how to achieve positiveness

Covenant House and Police Services discuss how to keep youth safe

Careers Showcases

Quiet room staffed by Victim Services and Community Mental Health

#Educating Service Providers

3:00 pm - 4:30 pm

Ross Szabo discusses the ties between substance abuse and mental health

Covenant House discusses human trafficking

#Connecting Families

6:00 pm - 8:30 pm

Cheryl Pounder discusses resiliency and teamwork with our youth

Ross Szabo hosts a "Behind Happy Faces" mental health presentation

Police Services and Health Unit discuss the risks of marijuana and driving

Police Services discuss internet safety

FOR MORE INFORMATION

Visit us at northumberland.safecommunities.parachutecanada.org



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